

GumCare and Implant Specialists LLC

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Guidelines Following Laser Assisted Periodontal Surgery

After your laser surgery, you will notice that a blood clot has formed around where the procedure was performed. This is a completely normal, necessary part of the healing process. Please follow the appropriate guidelines to ensure the best possible results for your treatment.

**DO NOT dislodge the blood clot in anyway (this includes: picking, poking, brushing, flossing)
The clot will remain for 3-7 days and should not be disturbed.**

First 24 hours after surgery

1. DO NOT BRUSH OR FLOSS area of treatment. You may brush all other areas normally
2. DO NOT rinse, swish or gargle any liquids
3. BLENDED/LIQUID DIET ONLY. Do not use a straw.

Day 2 through Day 7 after surgery

1. DO NOT BRUSH OR FLOSS area of treatment. You may brush all other areas normally
2. SOFT, MUSHY DIET ONLY
3. Rinse thoroughly with CloSYS for 30 seconds with ½ oz (2 full caps) twice a day

Day 8 through follow up appointment

1. GENTLY brush the top surface of the teeth where the laser treatment was performed.
STAY AWAY from the gum line.
 2. Resume a normal diet
 3. Rinse thoroughly with CloSYS for 30 seconds with ½ oz (2 full caps) twice a day
- Do not smoke following surgery since smoking is an extreme irritant to the healing tissue. Avoid alcohol beverages since they may interact with the prescribed medications.
 - Mild discomfort will be readily controlled with a prescription of a pain reliever, to be used as directed. If an antibiotic is prescribed, please continue taking it for the entire recommended duration.

PLEASE CALL US IF . . .

- you are experiencing heavy bleeding.
- you feel any adverse effect, reaction or intolerance to the medication.
- you encounter significant swelling.
- you have any questions at all.

06/16